

-- Massachusetts Midstate Trail –  
Self-Guided HIKE SCHEDULE – End to End

**Hike each section listed below and finish all 93 miles.**

Find a friend—you need more than one vehicle to do it one-way (point-to-point). This schedule helps you find where to initially meet, then shuttle to your starting point farther up the trail, so you hike back to the original meeting point. Then give the shuttle driver a ride back to his/her car.

**Note street addresses for MapQuest; coordinates for GPS devices**

Long pants recommended. Bring weather-appropriate gear, bug spray, sunscreen, water, snacks –  
**Respect private property—stay on trail & *hike at your own risk***

**To order a Guidebook go to: [www.midstatetrail.org](http://www.midstatetrail.org)**

**--- FOLLOW THE YELLOW TRIANGLE ---**

Watatic Summit Meet for a loop hike to Watatic summit and MST northern terminus. Park at Mount Watatic trail parking lot on north side of Route 119, opposite Old Pierce Road, 1.4 miles west of Route 101 junction in Ashburnham—look for chain link fence [near 154 Rindge State Road, Ashburnham, GPS: 42.69605 – 71.904089]. Hike north up cart road to Midstate Trail terminus granite marker on N.H state line, follow path east a few hundred feet to join Wapack Trail which at this point becomes Midstate Trail in Massachusetts, with same yellow triangle blaze. Turn right to head south, following Midstate to summit of Watatic where markers make a sharp turn to the right to merge with Blueberry Ridge Trail and back down to original cart road where you turn left to the parking lot. Moderately strenuous hike featuring gradual climb up, over and down Watatic. Total loop about 4+ miles.

Mount Hunger Views: Meet at trail crossing at Route 12 in Ashburnham [near 171 Fitchburg Road, GPS 42.625721 – 71.881289]. Driving from Route 12 in Fitchburg, heading north toward Ashburnham for 4.9 miles, watch for corner of Jewell Hill Road on right w/ traffic island. Park car(s) on Jewell Hill Road and shuttle to trail parking lot on north side of Route 119 [near 154 Rindge State Road, Ashburnham, GPS: 42.69605 – 71.904089]. Hike south over Fisher Hill, through church camp, over Mount Hunger, across Brown Brook for total 6.7 miles, back to Route 12.

Around Muddy Pond Meet at “graffiti bridge” on Oakmont Ave. in Westminster [near 198 North Common Road, GPS 42.577808 – 71.902679]. From Boston area, take Rte. 2 west to exit 25. Turn left on Rte. 2A and take quick left on Town Farm Rd. Drive about 2 miles to bottom of hill, then right on Oakmont Ave to graffiti bridge. From Worcester area, drive up Rte. 140 north, cross Rte. 2 overpass and immediately go left onto Town Farm Rd. (see above). of almost 6 miles, leave car(s) here and drive to where trail crosses Route 12 in Ashburnham [near 1 Jewell Hill Road, GPS 42.625721 – 71.881289]. Park on Jewell Hill Road, cross Route 12 and head up (abandoned) Whitney Hill Road and hike south, passing beautiful, remote Muddy Pond featuring an Adirondack (3-sided) shelter and lots of mountain laurel. Trail continues through woods, farm field, down Bragg Hill Road and across to Whitmanville Road back to Graffiti Bridge for total 5.7 miles.

Maple Heights Farm: Meet in Westminster at Stone Hill Road/Narrows Road [near 147 Narrows Road, GPS 42.539092 – 71.871390]. From Boston area take Rte. 2 west, exit 27. Take left at exit, crossing Rte. 2 onto Narrows Rd. Drive straight to fork at Stone Hill Rd. where trail crosses and park along brook. From Worcester area, take Rte. 140 north, take right onto Route 31 north about 1.5 miles then left at fork onto Notown Road. At end of Notown, turn left and continue to fork with Stone Hill Road on left, stay to right and park along brook. Leave car(s) and shuttle to graffiti bridge on Oakmont Ave. in Westminster [near 198 North Common Road, GPS 42.577808 – 71.902679]. Hike south, through cow pastures at Maple Heights Farm, then by Round Meadow Pond and Wachusett Village Inn then along Wyman Brook, total of almost 6 miles.

Crow Hill Ledges Meet at Wachusett Mtn. Ski Area [near 41 Mile Hill Road in Westminster, GPS 42.503164 – 71.885012]. From Boston area, take Route 2 west to exit 25 onto Route 140 heading south, take right at ski area sign. From Worcester area, take Rte.190 to exit 5. Go north on Rte. 140 for 9.5 miles to Wachusett Mt. entrance on left. Park in main parking lot, along edge by trailhead sign. Leave car(s) and shuttle to corner of Stone Hill and Narrows roads in Westminster [near 147 Narrows Road, GPS 42.539092 – 71.871390]. Hike south over scenic Crow Hill ledges and by Redemption Rock to ski area, about 5.6 miles over rolling terrain with short steeps and views.

Over the Mountain: Meet at “Town Hayfield” parking spot in Princeton, on Gates Road just north of Goodnow Road corner [near 53 Gates Road, GPS 42.459211 – 71.927087]. From Worcester area follow Route 31 north out of Holden, after Princeton town line take left onto Ball Hill Road and drive to end. Turn left onto Route 62 then next right onto Gates Road. From Boston area head west on Route 2 to Fitchburg then south on Route 31. Stay on 31, turning right in East Princeton and continuing to Princeton Center then head west on Route 62 for appx. 3.5 miles to right onto Gates Rd. Leave car(s) and shuttle to Wachusett Mtn. Ski Area [near 41 Mile Hill Road in Westminster, GPS 42.503164 – 71.885012]. Hike south over mountain and through Wachusett Meadows Audubon Preserve to Gates Road, for around 6 miles.

Ware River Watershed Meet at Barre Falls Dam [near 200 Coldbrook Road in Barre, GPS 42.427891 – 72.023797]. From Rte. 68 in Rutland, take Rte. 62 west for 2.2 miles. Take left on entrance road, and park in first lot on left, just before dam. For a long (8.5 mile) hike, leave car(s) and shuttle back to the “Town Hayfield” [near 53 Gates Road, GPS 42.459211 – 71.927087] in Princeton, walk through hayfield and through Savage Hill then through Ware River watershed and back to dam. Those who want a shorter [4 mile] alternative may leave their car at corner of Route 68 and Intervale Road [GPS 42.430173 – 71.975536] and hike south through Ware River watershed.

Rutland State Park Meet on East Hill Road in Rutland [near 90 East Hill Road, GPS 42.340975 – 71.996883]. From Rte. 31 in Paxton Center, go west on Rte. 122 for 4.2 miles and turn left onto Pleasantdale Rd. Go .5 mile and turn right onto East Hill Rd. for almost a mile to Midstate crossing. Leave car(s) and shuttle to Barre Falls Dam off Rte. 62 [near 200 Coldbrook Road in Barre GPS 42.427891 – 72.023797]. Hike south over dam, through rolling woods, by swamps, dikes and cart roads and cross Route 122 at hikers’ parking lot, then back into woods to East Hill Road for a total 7.7 miles.

Buck Hill: Meet on trail crossing at 4H Club horse barns near Buck Hill in Spencer [near 114 McCormack Road, GPS 42.296125 – 71.982061]. From Worcester take Rte. 9 toward Spencer, opposite Ragsdale Chevrolet take right on Paxton Road for 1.4 miles. Go left on Gold Nugget Rd for .6 miles, then right on McCormack Rd for 1.9 miles to 4-H Club parking lot. Leave car(s) here

and shuttle to East Hill Road off Pleasantdale Road in Rutland [near 80 East Hill Road, GPS 42.340975 – 71.996883].. Hike south 5.2 miles around Treasure Valley, by Samson's Pebble and Browning Pond.

Moose Hill & Reservoir Meet where trail crosses Route 9 in Spencer at Spencer Country Inn [near 412 Main Street, GPS 42.255979 – 71.956709]. Leave car(s) here and shuttle to McCormack Road by 4-H Club horse barns near Buck Hill [near 114 McCormack Road, GPS 42.296125 – 71.982061]. Hike south by Buck Hill shelter, by Moose Hill shelter and then over Moose Hill and across Moose Hill Reservoir dam back to Route 9 for a total of about 6 miles.

Sibley Farm/Audubon preserve Meet in Spencer where trail crosses near convergence of Ash Street and Capon and Marble roads [near 197 Ash Street, GPS 42.218513 – 71.980095]. From Rte. 20, take Rte. 31 north 5.4 miles. Take right on Capon Road .4 miles to end, turn left and park near that corner in the turn-off. From Rte. 9, take Rte. 31 south from Spencer center. Turn left on East Charlton Rd. which becomes Ash Street and you can park in turn-off just before corner with Capon Road. Leave car(s) here and shuttle to Route 9 at Spencer Country Inn [near 412 Main Street, GPS 42.255979 – 71.956709]. Walk south through Audubon land and Sibley Farm conservation area, cross Greenville Road then down Candlewood cul-de-sac and back into woods to Ash Street corner for total of about 5.3 miles.

Four Chimneys to Cow Tunnel Meet where trail crosses Route 20 in Charlton [near 8 Old Worcester Road, GPS 42.146294 – 71.937780]. If you're heading west out of Worcester on Rte. 20; when you reach corner with Rte. 56, continue another 3.0 miles. Take left at stoplight onto Worcester Rd. which is across from Auto Center (big tan building on right). Go up road and bear left, pass the trail crossing (yellow triangles), and park around cul-de-sac. Leave car(s) here and shuttle to parking turn-off on Ash Street in Spencer [near 197 Ash Street, GPS 42.218513 – 71.980095]. From here hike south 6.4 miles, through Four Chimneys state land and ending with walk through cow tunnel under Route 20 right to Old Worcester Road cul-de-sac.

French River crossing Drive to dead end of Rocky Hill Road off Route 12 in Oxford, across from Dana Road, just north of town center [near 52 Rocky Hill Road, GPS 42.132239 – 71.874865]. Leave car(s) here and shuttle to trail crossing on (south side of) Route 20 in Charlton [near 8 Old Worcester Road, GPS 42.146294 – 71.937780] parking in cul-de-sac. From here hike south down Boucher Road and into woods, then road-walking, then by cascades and on through flood plain of Hodges Village Dam, crossing footbridge over French River and on to Rocky Hill Road, 5 miles.

Sacarrappa Pond Drive to parking lot by church on Central Turnpike in West Sutton, across from Town Farm Road [near 660 Central Turnpike, GPS 42.114499 – 71.799750]. Take Rte. 395 to Exit 4A in Oxford, taking Sutton Ave. east (toward Sutton) for 3.2 miles to church on right. From Rte. 146 take Central Turnpike toward Oxford 4.7 miles to church on left. Leave car(s) and shuttle to dead end of Rocky Hill Road in Oxford [near 52 Rocky Hill Road, GPS 42.132239 – 71.874865]. Hike across Route 12 and down Dana Road, follow triangles on rural roads and by Bugs Swamp and Sacarrappa Pond and over Whittier Hill to West Sutton for total 6.5 miles.

Farm Stand and Lake View Meet at Route 16 trail crossing in Douglas [Near 200 Webster Street, GPS 42.056044 – 71.786750]. From Rte. 395 take Exit 2 in Webster. Go east on Rte. 16 for 4.3 miles to state trail parking lot on right. From Rte.146 and East Douglas, take Rte. 16 west. Lot is on left, .9

miles past entrance to Wallum Lake/Douglas State Forest (Cedar St). Leave car(s) there and shuttle to parking lot by church on Central Turnpike in West Sutton [near 660 Central Turnpike, GPS 42.114499 – 71.799750]. Hike south on Douglas Road past Whittier Farm then turn into state forest, passing lakeshore camps on Whitin Reservoir and on to Route 16, totaling about 6.2 miles.

State Line through State Forests Start on Rhode Island side of Wallum Lake. [near 445 Buck Hill Road, Pascoag, RI, GPS: 41.58582 – 71.46658] Take exit 2 off Route 395 onto Rte. 16. Head east on Rte. 16 for 5.2 miles to main entrance to Wallum Lake on right (from the east, take Rte. 146 and head west on Rte. 16 past East Douglas, look for Wallum Lake entrance on left). This is Cedar Street which later becomes Wallum Lake road and eventually RI Route 100. Follow Cedar St/Wallum Lake Rd for 4.0 miles to 2nd stop sign and take right. Go another 2.1 miles to first driveable right after Zamora Hospital. Go .1 mile and take right onto Buck Hill Road. Go 1.2 miles and Buck Hill Tower is on left—park directly opposite of tower on right. Leave some cars and shuttle to Route 16 in Douglas, where Midstate crosses road Douglas [Near 200 Webster Street, GPS 42.056044 – 71.786750]. Walk south through Douglas State Forest past R.I. border—about 9 miles total.